



#### Established since 2007 Energy. Confidence. Spírít.

## MARTIAL ART CLASSES GREAT FUN, DISCIPLINE AND SELF DEFENCE! EVERY MONDAY

### 3.25 PM - 4.25 PM

# AT: HILLSIDEJUNIOR SCHOOL

NORTHWOOD WAY, NORTHWOOD, MIDDLESEX HAG-1RX



FIRST CLASS IS FREE!

### JOIN US TODAY! SIMPLY BY CONTACTING YOUR INSTRUCTOR!

Master Bushra Khosla, 6<sup>th</sup> Degree Black Belt, Director – Founder – Examiner, Tel: 07843053076, <u>www.kkwondo.org</u>, <u>bushrakhosla@yahoo.co.uk</u>