# Education Resources during COVID-19



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## Introduction

On 18th March 2020, the UK Prime Minister announced that all schools in the UK will be closing their doors to the majority of pupils at the end of the school day on 20th March.

The Prime Minister also announced that all public examinations scheduled for May and June 2020 will be cancelled. Further guidance on this was released on 20th March stating that all children and young people due to take part in public examinations this summer would still receive a grade which reflects the work they have put in in preparation. This will be given by their teachers and tutors.

The School Placement and Admissions team have pulled together as many resources as possible to support you and your child/ren during these most uncertain of times.

The resources here cover all age ranges and abilities, and although we have sorted them into Key Stages, we would encourage you to look at what is available in other areas as you may find other things which are useful.

During this time, whilst using the internet it is essential that you and your child are staying safe online. Please see the below link which has information and advice on how to do this.

https://www.nspcc.org.uk/keeping-children-safe/online-safety/

## Advice & Guidance for Parents & Carers

#### Managing anxiety

Children see and hear things, and children talk. In schools across the country, children will be sharing stories and rumours about the Coronavirus; picking up on adult anxiety in some cases, and also carrying a growing anxiety of their own.

For some children, especially those who have experienced loss or trauma, and those whose anxiety baseline levels are set high, concerns about the Coronavirus may erupt into anxiety-fuelled behaviour in school or at home.

#### What might anxiety look like in children?

**Physical signs** – children may complain of headaches or stomach aches, appear restless, fidgety and distracted or find their muscles tense up.

**Emotional signs** – look out for children appearing particularly sensitive or crying a lot, becoming grumpy or angry without any obvious reason or withdrawing and becoming less responsive.

**Behavioural signs** – children sometimes ask a lot of questions because they are curious or excited, but it can also be a sign of anxiety; be aware of children appearing pre-occupied, having 'meltdowns', or exhibiting self-soothing or even self-harming behaviours.

#### How can parents/carers help to reduce anxiety?

There are several things that parents can do to calm children generally, but be aware that children who are already highly anxious or who are care-experienced or have special educational needs may need extra support.

- → Be aware of children discussing the situation amongst themselves and be prepared to step in to correct any misinformation. Rumours spread like wildfire among children, they may not be able to sort the truth from the stories. If possible, find out what the children think they know, then be prepared to correct their information if necessary.
- → Be honest about what is happening. Brushing off and dismissing children's fears does not reduce their anxiety. Ensure you present information in an age-appropriate way, but be honest about the essential facts.
- → Help to maximise children's feelings of safety by explaining what the health service and the government is doing to protect them and give them a sense of control by showing them what they can do to protect themselves. Reassure the children that the risk to them is currently low, but that they can protect themselves by washing their hands regularly and that doctors and hospitals

know what to do if someone becomes unwell. Take time to teach children good hand-washing techniques.

→ Remain calm and give out information in a matter of fact way. Children need to see that the adults are calm and in control of the situation.

These resources are aimed at helping children understand the virus and to manage anxiety around what is happening:

https://www.elsa-support.co.uk/coronavirus-story-for-children/

https://www.npr.org/sections/goatsandsoda/2020/02/28/809580453/just-for-kids-a-co mic-exploring-the-new-coronavirus?utm\_source=newsletter&utm\_medium=email&ut m\_content=this downloadable comic&utm\_campaign=Weekly-03-03-20&t=1583271654945

https://www.bbc.co.uk/newsround/51342366

https://www.brainpop.com/health/diseasesinjuriesandconditions/coronavirus/

https://littlepuddins.ie/coronavirus-social-story/

https://campaignresources.phe.gov.uk/schools

## Managing in self isolation or whilst working from home

While it's tempting to declare a school closure a holiday and park yourself in front of the television, drastically changing your child's schedule can also be a source of stress.

It's important for your child to have clear expectations of what will be happening that day - when you'll have play time, reading time, and rest time etc for younger ones, and for older ones when they will be studying, when they will have down time etc.

Other ideas for outside include:

- Treasure hunt
- Bird watching
- Gardening
- Mini Olympics
- Build a den

Ideas for inside include:

- Cooking or baking together
- Crafting
- Treasure hunt
- Paper aeroplane competition
- Musical chairs / statues
- Start a diary or journal

## EYFS Resources

## **Cbeebies Radio**

https://www.bbc.co.uk/cbeebies/radio Listening activities for the younger ones.

## Red Ted Art

https://www.redtedart.com Easy arts and crafts for little ones

## The Imagination Tree

https://theimaginationtree.com Creative art and craft activities for the very youngest.

#### <u>Weeseeds</u>

https://www.weeseeds.co.uk/ Early years resources to support children to feel calm, focus and sleep.

## Toddler Approved

https://www.toddlerapproved.com/2020/02/easy-to-set-up-toddler-boredom-busters.h tml?fbclid=IwAR1qEyfumIVxAqsT2GxdtmN6d82Z1GfJfdiDyUmQOy8Ly8sSBF8zNxy 9EHk

Boredom busters for little ones

# **Sparkle Stories**

https://www.sparklestories.com/stuck-at-home/?fbclid=IwAR23t85S7aaeYH-bqU9RD -rQYcLkpAx5FK6FPGpuXcvp4FaYTfC9cKD8cZA

# Growing Book by Book

https://growingbookbybook.com/online-literacy-resources/?fbclid=IwAR0\_DajLQsLxk nYPbrjNOmS9bkn5V1ea5ZGuVpIXfX93oEN3DhWcJfMDKpU

# Top Marks

https://www.topmarks.co.uk/english-games/3-5-years/letters-and-sounds

## Key Stage 1 Resources

#### **Cbeebies Radio**

https://www.bbc.co.uk/cbeebies/radio Listening activities for the younger ones.

#### **Oxford Owl for Home**

https://www.oxfordowl.co.uk/for-home/ Lots of free resources for Primary age

## Red Ted Art

https://www.redtedart.com Easy arts and crafts for little ones

#### The Imagination Tree

https://theimaginationtree.com

Creative art and craft activities for the very youngest.

#### Primary Resources

#### http://www.primaryresources.co.uk/

This site offers a tremendous amount of free resources ready to download straight to your computer. This website offers resources for almost all topics and subjects on the primary curriculum.

#### Maths Frame

#### https://mathsframe.co.uk/en/resources/category/22/most-popular

Looking for some maths games to play? This site offers some fantastic free mathematics games for primary students with a focus on addition, subtraction, multiplication, division, sequences, number bonds, Venn diagrams and time.

#### **Explorify**

#### https://explorify.wellcome.ac.uk/

Sworn by Primary teachers as one of their favourite and most used resource sites, this site offers 5 step activities for a range of different Science topics, including light, electricity, animals, plants, space and rocks – to name a few! Most topics come with either a video or picture exercise.

#### **BBC Primary School**

#### http://www.bbc.co.uk/schools/websites/4\_11/

The BBC's primary school website is an ideal learning resource for children ages 4-11 years old. What's great about this website is that it breaks down the curriculum topic by topic, offering a variety of different ways to learn about them. From languages and literacy to history and PSHE- this site really does cover everything!

## Exam Paper Resources

https://www.sats-papers.co.uk/sats-2018/ For key stage 1 and 2 SATS revision and past papers.

## Games to Learn English

https://www.gamestolearnenglish.com/ Resource for students to practice English in an engaging and fun way.

## Top Marks

https://www.topmarks.co.uk/english-games/5-7-years/letters-and-sounds

# Key Stage 2 Resources

#### **Oxford Owl for Home**

https://www.oxfordowl.co.uk/for-home/ Lots of free resources for Primary age

#### Primary Resources

#### http://www.primaryresources.co.uk/

This site offers a tremendous amount of free resources ready to download straight to your computer. This website offers resources for almost all topics and subjects on the primary curriculum.

#### Maths Frame

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#### Free English Resources

http://www.funenglishgames.com

Wide range of free resources that are perfect for students learning English.

## Top Marks

https://www.topmarks.co.uk/english-games/7-11-years/spelling-and-grammar

# Key Stage 3 Resources

# **Big History Project**

https://www.bighistoryproject.com/home Aimed at Secondary age. Multi disciplinary activities.

# TeachitMaths

## https://www.teachitmaths.co.uk/

Offering a tremendous amount of resources covering most topics across the curriculum this site is not to be missed. You do have to register an account on the website in order to download the free resources, but it is free to do so, PDF documents are free to download but you can pay for different formats. To change the subject, click on the 'other subject's' box in the top left hand corner of the page.

# Oxford University Press

https://global.oup.com/education/content/secondary/key-issues/ks3-science/?view=P roductList&region=uk

Gathered by the Oxford University Press, these resources are detailed and of great standard.

# **BBC Bitesize**

https://www.bbc.co.uk/bitesize/levels/z4kw2hv

Key Stage 3 is the first three years of secondary school education in England, Wales and Northern Ireland, for pupils aged 11 to 14.

# Bored Panda

https://www.boredpanda.com/famous-museums-offering-virtual-tours/?utm\_source=g oogle&utm\_medium=organic&utm\_campaign=organic

Visit online museums and browse galleries

## World Geography Games https://world-geography-games.com/index.html

<u>Seterra Geography</u> <u>https://online.seterra.com/en</u> Become a geography expert and have fun at the same time!

# Key Stage 4 Resources

# <u>Seneca</u>

## https://www.senecalearning.com

For those revising at GCSE or A level. Tons of free revision content. Paid access to higher level material.

# TeachitMaths

# https://www.teachitmaths.co.uk/

Offering a tremendous amount of resources covering most topics across the curriculum this site is not to be missed. You do have to register an account on the website in order to download the free resources, but it is free to do so, PDF documents are free to download but you can pay for different formats. To change the subject, click on the 'other subject's' box in the top left hand corner of the page.

# Exam Paper Resources

https://www.physicsandmathstutor.com/ For GCSE and A level and past papers

## <u>Seneca</u>

#### https://www.senecalearning.com

For those revising at GCSE or A level. Tons of free revision content. Paid access to higher level material.

#### <u>Openlearn</u>

#### https://www.open.edu/openlearn/

Free taster courses aimed at those considering Open University but everyone can access it. Adult level, but some e.g. nature and environment courses could well be of interest to young people.

#### **TeachitMaths**

## https://www.teachitmaths.co.uk/

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## Exam Paper Resources

https://www.physicsandmathstutor.com/ For GCSE and A level and past papers

# MOOC

#### https://www.mooc-list.com/

MOOC and Free Online Courses from Coursera, edX, FutureLearn and other Top Providers and Universities in a wide range of categories and subjects.

#### Future Learn

https://www.futurelearn.com/courses Free to access 100s of courses in a wide variety of topics

#### Digital & Distance Learning

https://www.newbury-college.ac.uk/adults/distance.html

Level 2 and Level 3 Digital and Distance Learning courses FREE to UK/EU nationals aged 19 and over

#### ESOL Nexus

https://esol.britishcouncil.org/

# <u>Skillsworks</u>

http://www.skillsworkshop.org/

# BBC Learning

#### http://www.bbc.co.uk/learning/coursesearch/

This site is old and no longer updated and yet there's so much still available, from language learning to BBC Bitesize for revision. No TV licence required except for content on BBC iPlayer.

## Education Otherwise

https://www.educationotherwise.org/index.php/special-resources-for-coronavirus-scho ol-closures

A number of resources have been made available online, discounted, or made free of charge by providers to assist families dealing with school closures.

## <u>Futurelearn</u>

#### https://www.futurelearn.com

Free to access 100s of courses, only pay to upgrade if you need a certificate in your name (own account from age 14+ but younger learners can use a parent account).

# <u>Blockly</u>

https://blockly.games Learn computer programming skills - fun and free.

# <u>Scratch</u>

https://scratch.mit.edu/explore/projects/games/ Creative computer programming

# <u>Ted Ed</u>

https://ed.ted.com All sorts of engaging educational videos

# National Geographic Kids

https://www.natgeokids.com/uk/ Activities and quizzes for younger kids.

# <u>Duolingo</u>

https://www.duolingo.com Learn languages for free. Web or app.

# Mystery Science

https://mysteryscience.com Free science lessons

## The Kids Should See This

https://thekidshouldseethis.com Wide range of cool educational videos

## Crash Course

https://thecrashcourse.com You Tube videos on many subjects

## Crash Course Kids

https://m.youtube.com/user/crashcoursekids As above for a younger audience

#### Crest Awards

https://www.crestawards.org Science awards you can complete from home.

## **iDEA Awards**

https://idea.org.uk Digital enterprise award scheme you can complete online.

## Paw Print Badges

#### https://www.pawprintbadges.co.uk

Free challenge packs and other downloads. Many activities can be completed indoors. Badges cost but are optional.

#### **Tinkercad**

https://www.tinkercad.com All kinds of making.

#### Nature Detectives

<u>https://naturedetectives.woodlandtrust.org.uk/naturedetectives/</u> A lot of these can be done in a garden, or if you can get to a remote forest location!

#### **British Council**

https://www.britishcouncil.org/school-resources/find Resources for English language learning

#### Blue Peter Badges

https://www.bbc.co.uk/cbbc/joinin/about-blue-peter-badges If you have a stamp and a nearby post box.

# The Artful Parent

https://www.facebook.com/artfulparent/ Good, free art activities

## Toy Theater https://toytheater.com/ Educational online games

# DK Find Out

https://www.dkfindout.com/uk/?fbclid=lwAR2wJdpSJSeITf4do6aPhff8A3tAktnmpaxqZ bkgudD49I71ep8-sjXmrac Activities and guizzes

Activities and quizzes

#### Whiteboard Resources, Presentations, Activities, Worksheets and Games

#### https://www.topmarks.co.uk/

To find the resources, click whiteboard resources at the top search bar then click your subject and key stage and go from there! The site also offers some educational games for primary students.

# <u>Brain Pop</u>

## https://www.brainpop.com/

The amount of educational resources on Brain Pop is VERY impressive, with topics covering everything from science and English to health and art. There are loads of games and activities to choose from that are all guaranteed to help your children learn at the same time as having fun.

## <u>Twinkl</u>

#### https://www.twinkl.co.uk/offer

Huge range of resources and extracurricular activities from Early Years to KS4, English as an additional language and SEND. Currently offering a free month ultimate membership using the offer code: UKTWINKLHELPS

# <u>Kooth</u>

#### https://www.kooth.com/

Free, safe and anonymous online counselling and emotional wellbeing support for young people

#### Into Film

https://www.intofilm.org/news-and-views/articles/activities-for-young-people-to-do-athome?utm\_source=Into+Film+-+Master&utm\_campaign=7a9ffa5d4e-Home-study-1 &utm\_medium=email&utm\_term=0\_a1465a9b17-7a9ffa5d4e-139353599 Our activities will support children, young people and their families to gain a fun, educational benefit from film watching, as well as helping them consider the many varied careers within the film industry

## The Globe Theatre

https://www.shakespearesglobe.com/learn/playground/

Online resources and virtual tours including mini Shakespeare cartoons and behind the stage videos.

## STEAM Learning Lab

https://schools.digitalmediaacademy.org/?utm\_campaign=International%20Schools %20-%20Business%20Outreach&utm\_source=hs\_email&utm\_medium=email&utm\_ content=84942053&\_hsenc=p2ANqtz--ne83fYE9RIIweseQzjLhhw7M7pt9nvjgQRVa2 pMlySKTjQ4a0rL-qcsX10Oy1hCtWLiuk8QtBx4\_ty58xErBqHjA-fRXMZGSnI1\_XMXT QEzDqm9Y& hsmi=84942053

All courses are aligned with ISTE, NGSS, as well as CSTA standards. The STEAM Learning Lab currently supports students, parents, educators, and schools in 83 countries.

## World Book Online

https://worldbook.kitaboo.com/reader/worldbook/index.html?usertoken=Mjk5MzQ6M TpJUjA5MjAxNjoyOmNsaWVudDE2OTc6MTY5NzoyMjE2Mjg4OjE6MTU4NDM4MD ExMzA2Mjp1cw==

World Book Online have just made their fabulous collection of over 3,000 ebooks and audiobooks available for free for children to access at home. They have books suitable for all ages.

# <u>Scholastic</u>

https://classroommagazines.scholastic.com/support/learnathome.html

A learn from home hub (directed at American students primarily however there will be lots of good resources there that will link into our curriculum.

# <u>Audible</u>

https://stories.audible.com/start-listen Audible is now offering free listening for children.

# **Royal Institution Christmas lectures**

https://www.rigb.org/christmas-lectures

# **Royal Institution - ExpeRipmental**

https://www.rigb.org/families/experimental Science experiments to do in the home

#### PE with Joe Wicks

https://www.thebodycoach.com/blog/pe-with-joe-1254.html