



Hillside Junior School

Weekly Bulletin

Week 4 – 25th September 2020

Message from Mr Davies

This has been a week of changing news. Coronavirus concerns have increased again and the summer sunshine has quickly been replaced with torrential rain. This has given even greater significance to our class assemblies this week in which we have talked about the importance of a healthy mind and how to cope when things become more difficult. The children are now aware of **S**(Sleep), **E**(Exercise), **L**(Leisure) **F**(Food).

There have been some fantastic discussions and some of the children have even pledged to go to bed earlier! Mental health is an integral part of our school development plan and we will continue to work with the children in promoting the importance of a healthy mind and body.

Have a restful weekend.

Best wishes.
Mr Davies

Letter for Parents about COVID-19 Symptoms



If your child has:
a high temperature
a new, continuous cough, or
a loss of, or change in, sense of
smell or taste

This could be a sign of
coronavirus

[Book a test](#)

Attached to this bulletin is a letter from **Public Health England** for parents. The letter explains when a person requires a coronavirus test and what the symptoms of coronavirus are. The intention of the letter is to help prevent children being taken out of school unnecessarily and answer some of the questions you may have around testing. Also attached is further information for parents about Covid-19.

If your child has:
a runny nose, is sneezing or
feeling unwell
But they don't have:
a high temperature
a new, continuous cough, or
a loss of, or change in,
sense of smell or taste

These are
**not normally symptoms of
coronavirus**

Seek advice from a pharmacy, dial
111 or see your GP

Healthy Eating



Next week is British Nutrition Foundation Healthy Eating Week 2020! Its goal is to create awareness about healthy eating, as well as where food comes from, cooking and being active. We will be discussing the importance of a healthy lifestyle at school and encouraging the children to make healthy choices for their lunches and snacks. Please click [here](#) for more information and feel free to take part in some of the suggested activities.

Face Masks

Parents and visitors entering the school grounds are required to wear a face mask. We would request that parents observe the social distancing rules when dropping and collecting children from the school at the beginning and end of the school day. To minimise the risk of transmission and keep our community safe we would recommend the wearing of masks by parents during this time also. Thank you.

Meet the Teacher Meetings

Thank you to parents who attended 'Meet the Teacher' Meetings via Zoom this week. The presentations shown during the meeting are available to view on the school website in the class pages tab. **The Year 6 meeting will take place on Wednesday 30th September at 1.30pm.** Please contact the school office if you have not received the meeting link.



Philosophy Discussions

Each week we will post a philosophy question in the weekly Bulletin and on the school website to talk about with your child and for them to then contribute to class philosophy lessons. Philosophy is all about encouraging young people to think. By motivating children to look at the world from different points of views we hope to develop inquisitive minds who are keen to engage in discussions and listen to each other. Philosophy is about learning how to be logical, present arguments, spot bad ones and respect different opinions.



Philosophy Question — 25.09.2020

Question: Can kindness change the world?

Quote: "No act of kindness, however small, is ever wasted."

Aesop

First Day of Illness

If your child is unwell, please contact the school by 8.30am on the first day of absence, either by phone on 01923 825991 or email to office@hillsidejunior.org

Lunchtime Help

We are looking for casual SMSA's who would be willing to work at lunchtimes to supervise the children, as and when required. Please speak to Mrs Sweeney in the school office if you are able to help. Thank you.

Parents' Evening

Parents' Evening will be slightly different this year due to the pandemic. Class teachers will contact parents by telephone. Each parent will be emailed next week with a date and time of their parents' evening telephone appointment.

School Office

Parents are only allowed to enter the school grounds for collection of a sick or injured child. Please contact the school office by either telephone or email 01923 825 991 / office@hillsidejunior.org for all other enquiries.

A new hospital in Hillingdon

The Hillingdon Hospitals NHS Foundation Trust has announced plans to build a new hospital in Hillingdon. As anyone who has visited the hospital will realise the current Hillingdon Hospital is an old building. The maze-like layout makes it difficult to get around and the condition of buildings can make the experience of being in hospital more difficult. The trust has an ambitious plan to build a new hospital by 2025 and very much want to hear from everyone who has an interest in the hospital, to ensure that plans consider their ideas and aspirations. More detail about the plans and a short survey can be found online: <https://thh.nhs.uk/redevelopment/>

The Pantry

The Pantry have a new menu for next week.

Every day is a school favourite.

Please visit The Pantry website for further information <https://www.thepantrycatering.co.uk>



Diary Dates for September

September:

Wed 30th Sep—Year 3 trip to Northwood Recreation Ground

Wed 30th Sep—Yr6 Meet the Teacher Meeting—1.30pm via Zoom

October:

Fri 23rd October—Staff Training Day—School Closed

Mon 26th Oct—Fri 30th October—**HALF TERM**