



# Hillside Junior School

## Weekly Bulletin

Week 20 – 22nd January 2021

### Message from Mr. Davies

"Here's the thing about life. There's no accounting for what fate will deal you. Some days when you need a hand, there are other days when we are called to lend a hand. That's how it has to be. That's what we do for one another."

The quote is taken from President Biden's inauguration speech. Never has it been more important to show kindness and work together. This week I received a number of calls from various people offering support to the school. We are very grateful and appreciative that we live in such a fabulous local community.

Thank you to all the children who uploaded photos of their cakes. They looked delicious. A slide show has been compiled of all the pictures and will be uploaded on to the Google Classroom stream in each class. I look forward to seeing the photos from the next challenge. We used our assembly this week to promote the new home learning reward system. There has already been a very positive response and we look forward to awarding the first set of badges.

I would like to wish everyone a safe and restful weekend.

Mr. Davies

### HCL Catering

As you are aware from January HCL is our new hot lunch provider. The meals have been excellent and children and staff are really enjoying the food. All parents were sent an account activation email in December. Please could you login to your account to ensure everything is working correctly and report any issues to the School Office. Although the majority of pupils are not currently attending school, we want the system to be fully operational for when school re-opens. Thank you.



### The Big Question

During this time of uncertainty, we would like to encourage our families to join in with philosophical discussions as a way to help our children make sense of the ever-changing world around them. Research has proved that engaging in philosophical debates can improve a child's confidence, critical thinking skills and also help improve attainment in other core subjects. Please spend time thinking about and discussing this week's 'Big Question' with your children at home. On Monday, all pupils will be invited via Google Classroom to join in with a school-wide online conversation discussing the following question

**Question: What would you change in the world?**

**Quote: Be the change you wish to see in the world - Mahatma Gandhi**

## Weekly Challenge

This week's challenge is to take a photo of an animal/bird/insect outside. Please upload your pictures to your Google Classroom stream for your teachers to see.



### Hillingdon Talks, Moves and Plays: Children's Integrated Therapy Service



Children's Integrated Therapy Service (CITS)  
Speech and Language Therapy, Physiotherapy and Occupational Therapy  
CITS Advice Line: 01895 488 200

CITS - [www.cnwl.nhs.uk/hillingdon-talks-moves-plays](http://www.cnwl.nhs.uk/hillingdon-talks-moves-plays)

Speech and Language Therapy - [www.cnwl.nhs.uk/services/community-services/hillingdon-talks](http://www.cnwl.nhs.uk/services/community-services/hillingdon-talks)

Physiotherapy - [www.cnwl.nhs.uk/services/community-services/hillingdon-moves](http://www.cnwl.nhs.uk/services/community-services/hillingdon-moves)

Occupational Therapy - [www.cnwl.nhs.uk/services/community-services/hillingdon-plays](http://www.cnwl.nhs.uk/services/community-services/hillingdon-plays)

There is regularly updated information and support for parent/carer(s), education staff and professionals. This includes videos, advice sheets, strategies and resources and links to other useful websites and local services.

#### We also have Social Media:

	<a href="#">@HillingdonTalks</a>	<a href="#">@HillingdonMoves</a>	<a href="#">@HillingdonPlays</a>
	<a href="#">@Hillingdon_TalksMovesPlays</a>		
			<a href="#">@HillingdonPlays</a>

## GetMe Fit Kids for Primary School Children

One adult needs to sign up per household to book onto the class. Just click to "join" GetMeFit first, then book your place here. Georgia is an amazing dancer, fitness instructor, PT and sports coach. Her classes for children are full of fun and the perfect way for children to get kids moving and shaking. Sessions are themed and fast-paced including a mix of dance moves, gymnastics and bodyweight exercises. Parents are actively encouraged to join in with the session. Or you can just make yourselves a cuppa while you supervise and put your feet up for 15 minutes :-)

For further information please visit <https://www.getmefit.co/gmfkids>

