

Me & My Relationships

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Lesson	Collaboration challenge!	Give and take	How good a friend are you?	Relationship cake recipe	Being assertive	Our emotional needs	Communication
Vocabulary	collaborate	negotiation	insensitive	unhealthy relationship	assertive	emotions	non-verbal
		compromise	sensitive	verbal abuse	passive	emotional needs	body language
		conflict		uncomfortable touching	aggressive		tone of voice
		resolution		unsafe			face-to-face

Valuing Difference

Lesson	Qualities of friendship	Kind conversations	Happy being me	The land of the Red People	Is it true?	It could happen to anyone
Vocabulary	friendship	listening skills	excluded	metaphor	sex	embarrassed
	talking	respect	discrimination	diverse	sexual orientation	reactions
	listening		prejudice	multicultural society	gender identify	consequences
					gender expression	



Right and Responsibilities							
Lesson	What is the story?	Fact or opinion?	Rights, responsibilities and duties	Mo makes a difference	Spending wisely	Lend us a fiver!	Local councils
Vocabulary	responsibility	fact	rights	voluntary group	costs	borrow	public services
		opinion	responsibility	community group	wages	loan	council
		biased	duties	pressure (action) group	salaries	credit	vote
		unbiased			rent	debit	elections
					Fair Trade	interest	councillors

Being my Best

Being my Best						
Lesson	Getting fit	It all adds up!	Different skills	My school community (2)	Independence and responsibility	Star qualities?
Vocabulary	healthy choices	organs	perseverance	community	independence	personal qualities
		body systems	commitment	school community	responsibility	celebrities
			resilience			
			determination			
			patience			
			interpersonal skills			

Growing and Changing

Lesson	How are they feeling?	Taking notice of our feelings	Dear Hetty	Changing bodies and feelings	Growing up and changing bodies Period Positive	It could happen to anyone	Help! I'm a teenager - get me out of here!	Dear Ash	Stop, start, stereotypes
Vocabulary	wellbeing	trust	separation	pubic hair	puberty	embarrassed	hormones	in confidence	prejudice
	resilience	resilience	fostered	penis	genitalia	reactions	compromise	break a confidence	biological sex
		unwanted attention		scrotum	menstruation	consequences	respect	confidential	sexual orientation
		unwanted touch		testicles	period		mood swings		gender identity
				foreskin	sanitary towel				gender expression
				anus	tampon				verbal abuse
				wet dream	sanitary protection				physical abuse
				erection	menstruation cup				
				stretch marks	eggs				
				crush	womb				